

9 September 2009

Competitive spirit is alive and active at Amana Living's Wearne House in Mandurah

They may not be Olympians – or even tri-athletes – but the determination to succeed amongst members of the Amana Living Angels can't be disputed.

The eight residents of Amana Living's Wearne House in Mandurah have formed a team to compete in the 2009 Be Active Aged Care Games in October, and training is in full swing at the residential facility, with skittles and hockey at the top of the list.

During the annual event, which is held across Western Australia, teams from 15 care facilities compete to gain the highest score for a chance at winning the perpetual trophy.

Sharon Maitland, Care Manager at Wearne House, explains that the games are an opportunity for residents to experience being part of a sporting team again, whilst enjoying social interaction and an element of competition.

"Our team, the Amana Living Angels, is practising regularly and their competitive spirit is still very much alive and well," she says.

"In addition to practising, they are currently fundraising to purchase team shirts, and as a bit of fun they've even been making halos to wear with their shirts."

The Amana Living Angels will compete for the title at the Murray Districts Community Recreation Centre on 20 October 2009. Events on the day will include skittles, sit down hockey, leaderball, quoits and a bean bag toss.

A practice run on 15 September will see the team compete against members of another aged care facility, Beddingfield Lodge in Mandurah.

"Judging by their dedication and determination, I'd say we're in for a good shot at the trophy this year, but with all sporting events the real benefits lie in getting involved and having some fun," adds Sharon.

Amana Living delivers a diverse range of services and accommodation to over 800 residents living in five high care centres (nursing homes), 11 low care centres (hostels) and two dementia specific centres with co-located respite centres.

The service provider also offers a range of community services to support those who choose to remain in their own home, and operates 17 retirement villages.

ENDS

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Note: A good photo opportunity exists for this story, please contact above number to organise.

MEDIA RELEASE

Note to editors:

"Amana Living" should not be shortened to Amana as this is a registered name of another company.