



# Amana Life

Keeping you informed of Amana Living news, views and events.

## Amana Living recognised as Employer of Choice



ACAA CEO Rod Young presents Employer of Choice Award to HR General Manager Shellee Chapman.

Amana Living has been awarded a prestigious national Employer of Choice award by the Aged Care Association Australia (ACAA) at its annual conference held during October in Hobart.

The awards showcase aged care organisations dedicated to innovation, creativity, employee training and development, and to creating a high level of staff morale and team spirit.

CEO Ray Glickman said Amana Living was thrilled to receive such a prestigious national award.

“Winning this award is a fantastic result for Amana Living,” he said. “We have developed a participative culture so that the contribution of every staff member is recognized and valued.”

“Through the Matrix, a staff initiative, we have introduced numerous initiatives such as extended long service leave, generous recreational and personal leave, paid maternity leave and childcare assistance during school holidays.”

“We will strive to ensure that working at Amana Living can fit with other demands on people’s lives, that the work is highly rewarding and, very importantly, fun.”

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AMANA  
LIVING  
part of the Anglican community

## Message from the CEO



Chief Executive Officer  
Ray Glickman.

With another productive and busy year drawing to a close, I am proud of the achievements Amana Living has made in a tough business environment. Faced with acute staff shortages and rising costs, our dedicated staff and volunteers have continued to provide high quality care for older people – in our facilities and in clients' own homes.

Our efforts have been recognised with Amana Living nominated as a finalist in the National Community Care Organisation of the Year awards organised by Aged and Community Services Australia (ACSA) and winning the prestigious national Employer of Choice award at the Aged Care Association Australia (ACAA) national conference.

At an industry level we are taking a leadership role within our peak body to develop more effective sector-wide strategies to combat labour shortages and to lobby for more realistic levels of government funding so that the needs of older people can be properly addressed.

We have continued with our major capital investment program to ensure our facilities meet our high quality standards.

Our Marjorie Appleton Village in Menora was decommissioned as it was approaching the end of its useful life. Residents were re-located to the newly refurbished St Francis Court, where all 91 units now meet our quality standard.

Construction of eleven new villas at Moline Village in Karrinyup has just been completed with the first resident moving in before Christmas.

Throughout the year we have continued to enrich the mind, body and soul of our residents and clients. An outing to the theatre to stimulate the mind, a walking project to keep physically active and indulging the spiritual side through Christian dance are among the many things we have offered.

At the social highlight of the year, the annual party, 640 residents and clients celebrated all things Australian, taking the opportunity to live life to the full.

I hope you enjoy this edition of Amana Life and wish you and your family all the very best for the festive season.

Ray Glickman  
Chief Executive Officer

## Our commitment to caring



Left to Right: Centre Operations Manager Sara Atkinson with Roslyn Reddin recipient of 10 year service award and Chairman Peter Dawes.

Amana Living's commitment to caring was on show at the staff awards held in September.

"The awards night showed that we have passionate, committed and resilient staff who form the backbone of the organisation," said Amana Living

Chairman Peter Dawes. "Without these people we would not achieve our vision or mission."

The awards honoured 31 staff who have achieved 10, 15, 20, 25 and 30 years service.

"These 31 staff are a part of a group of 152 who have received their long service award," he said. "This represents 12% of our workforce who have a combined total of 2,351 years of service."

An Innovation Award was presented to Libby Simpson for her idea to introduce a technology bus that would become a mobile training facility for Amana Living staff.

Kirsty Connell received the inaugural Environmental Award for promoting stapleless staplers.

## 2008 staff award recipients

### 30 year service award

- Victoria Hill

### 25 year service awards

- Julie Todd
- Graham Male
- Frances Stansfield

### 20 year service awards

- Kathleen Raison
- Lynne Struthers
- Lee Burwood
- Margaret Puzey
- Kathleen Dowson
- Kathryn Cordin

### 15 year service awards

- Lana Tenardi
- Patricia Double
- Lynne Sayer

### 10 year service awards

- Elizabeth McDonald
- Ena Jones
- Jarnail Singh
- Bruno Tibolet
- Brett Carroll
- Shirley Buckingham
- Elizabeth Claridge
- Kim Gaden

- Dawn Harvey
- Caroline Kakende
- Aldona Beckett
- Roselyn Reddin
- Carole Clough
- Nicole Tatham
- Thelma Durham
- Brenda Fenton
- Barbara Caridi
- Bina Kroon
- Melody Laidler

## Glorious day out

It was a glorious day out for 110 Amana Living residents and clients who saw a production of the highly acclaimed 'Glorious' at His Majesty's Downstairs Theatre in Perth recently.

The outing was made possible by a partnership between Amana Living and Perth Theatre Company to enrich the lives of Amana Living's residents and clients.

"It's such a pleasure to be able to make a difference in the daily experience of our residents and clients and help them truly live the second half of life," said Amana Living CEO Ray Glickman.

"A glorious event like this could not happen without significant coordination, planning and dedication of our staff, volunteers and, of course, the Perth Theatre Company."

Transport was arranged for residents and clients across the Perth metropolitan area and Mandurah. Staff and volunteers ensured the guests were dropped off directly outside the theatre ensuring that access was made as easy as possible.

It was 60 years since some residents had visited the theatre. Amana Living made the outing a special treat by organising transport and light refreshments.

"A special event like this shows that the Perth Theatre Company is committed to providing theatre and entertainment for all members of our community," said Ray.

'Glorious' is set in the 1940s and tells of the real life aspiring soprano Florence Foster Jenkins who sang badly in Carnegie Hall at the age of 76.



Daphne Vincent (left) and Betty Davies with young volunteer Hannah Ward.



Tony Bonney, General Manager Perth Theatre Company (left) and Ray Glickman, CEO Amana Living'.

## Walking for a world record

Residents and staff at Amana Living's St George's Home and Sundowner Centre put their best foot forward in a bid to step into the Guinness Book of World Records as part of WA's Giant Walk.

They joined forces with tens of thousands of other Western Australians in September to see if they could break the world record that Canada currently holds. The event coincided with Be Active WA day which encourages Western Australians to become more active for a fit and healthy lifestyle.

Amana Living CEO Ray Glickman said keeping fit and healthy was important for all Amana Living's residents.

"We are focused on helping our residents live life to the full and that involves staying fit and healthy, having a bit of fun and achieving new goals in life," he said.

"Taking part in the Giant Walk did all of those things and more, and our residents enjoyed getting out there to be a part of the big event."

### Giant Walk participants

Schools, Local Governments, community groups and workplaces, hosted walk events across 1,038 venues across the nation.

- 756 schools
- 70 Local Governments
- 132 Individual workplaces
- 80 community groups

Staff and residents at Sundowner Centre were given an option of completing the required 1km distance or completing a 4km course. "It was very encouraging to see a number of staff and even one or two residents completing the longer course," said Ray.

All participants enjoyed light refreshments at completion of the walk and received certificates for their efforts.

To break the record, more than 231,635 Australians needed to walk at the same time on 1 September 2008, at 12pm Western Australian time.

Western Australia had the most walkers with 98,246 Western Australians including our staff and residents.



Betty Snowball and Moya Hartley setting off on Giant Walk.



# Amana Life

## Residents and clients celebrate everything Australian at annual party

Amana Living residents and clients joined together to celebrate all things Australian during the annual residents and clients party on 23 October at Burswood Resort.

As preparation residents and clients were allocated a piece of an Australian map to decorate. They were asked to use their creativity to interpret and represent what Australia means to them individually.

The finished artistic representation was joined with 21 other pieces of the Australian map at the party, to complete a massive collage. The collage was the main decorative piece in the venue.

CEO Ray Glickman said this year's Australian theme had been embraced enthusiastically by everyone at Amana Living.

"All of the residents, staff and volunteers have very much enjoyed contributing to this year's theme," Ray said.

The party was an opportunity to dress up. Residents and clients embraced the Australian theme, with one resident dressed as a convict, another as a

parrot and even Dame Edna made an appearance.

In true Australian style the residents and clients were entertained with some Aboriginal dance performances, a few yarns spun by a bush poet and the Mucky Ducky Bush Band to get everyone dancing and singing.

The Scotch College Choir led the day's entertainment with the National Anthem and Waltzing Matilda. Tod Johnston, a favourite of the residents, was the Master of Ceremonies.

"It's a great opportunity for everyone under the Amana Living umbrella to get together in a social environment for what always turns out to be an enjoyable occasion," said Ray.

"An event like this would not be possible without assistance from our sponsors, the staff and volunteers. I thank all those who donated money, prizes and their time to ensuring that our residents and clients are able live life to the full."



## Caring for the community – a privilege



Community Services support worker Debra Waite.

Amana Living Community Services support worker Debra Waite, who provides services to eight clients in the Perth metropolitan area, loves her job and would not swap it for any other.

half years ago to be able to spend more quality time with my clients."

"It's a privilege to work with the elderly – to be welcomed into their homes and become a part of their family."

"Making a difference is important to me and I love helping people, especially those living the second half of life who wish to remain in their own homes. I have recommended community support work to my friends and a number of them have joined Amana Living."

Community services provide essential support and services to clients such as showering, cooking, cleaning and shopping. Support workers are often required to attend doctors' appointments with clients and liaise with their families.

Support workers enjoy flexibility in their hours which is an attraction to women who wish to return to part-time work.

"It's a lovely job, I would never do anything else," said Debra.

"I've been with Amana Living for around seven years, having started my career as a carer at Peter Arney Home.

I moved from residential care to community services around three and a

## Amana Living recognised in national community care award

Amana Living has been recognised for its dedication to community care after becoming a finalist in the National Community Care Organisation of the Year awards held in October.

Organised by the peak body Aged and Community Services Australia (ACSA), the annual awards promote and recognise excellence in a range of areas which contribute to the quality of life of older people, people with disabilities and their carers.

Ray Glickman, Amana Living CEO, said becoming a finalist in the national awards gives recognition to the organisation's staff, who are immensely dedicated to meeting clients' needs.

"This award recognises the support workers, coordinators and managers who work

tirelessly in our community teams and who are totally focused on providing the highest standards of care and services to our clients and families," he said.

"The expansion of our community services has been extensive over the past two years, but our staff have ensured this has occurred without reducing the flexibility and customer focus of the services we provide.

"We are becoming a large community service provider, however we haven't lost that small service feel and I believe becoming a national finalist in this award category really does recognise that achievement."

## DANCE – the hidden language of the soul

The Christian Dance Fellowship of Western Australia, who worship in dance and drama, have celebrated their 30th anniversary by sharing their Christian dance with residents from Amana Living's Moline House and James Brown House.

Dancers Ellie MacPherson, Shirley Hartley and Linda Lilburne choreographed a special performance for the residents and shared favourite praise songs such as My Rock, Amazing Grace and Teach Me to Dance.

They encouraged residents to sing along and join in the praising of the Lord.

The interdenominational group embraces a range of dance styles from modern, contemporary, ballet, messianic, flags and bootscooting.

"In celebrating our 30 years of dancing we have developed a program called 'Gifted to Give' which is sharing 30 hours of Christian dance with the community," explained Ellie.

"We were delighted to have the opportunity to share our passion with Amana Living. We particularly enjoyed meeting the residents and sharing a cup of tea with them."

*Dancing faces you towards Heaven,  
whichever direction you turn.*

Sweetpea Tyler



## Bishop Goldsworthy adds a sparkle to carols at Thomas Scott Hostel



Millie Bower presents a gift to Bishop Kay Goldsworthy.

Residents at Amana Living's Thomas Scott Hostel welcomed in the Christmas season with a little help from John Wollaston School Choir and the first female Bishop ordained in Australia.

Special guest Bishop Kay Goldsworthy and the residents enjoyed the Christmas carols performed by 20 students.

Care Manager Denise Barnes said residents had looked forward to welcoming the children and Bishop Goldsworthy.

"The Christmas period brings with it many happy memories for our residents and we are extremely thankful that the school choir and also Bishop Goldsworthy have been able to join us to help celebrate this special time of year," she said.

Millie Bower, who knits small teddy bears for charity, presented Bishop Goldsworthy with a specially made teddy dressed in purple with a mitre and cross.

## New beds for Wearne House residents

Six Wearne House residents will sleep more comfortably thanks to the PEACH Trust Fund which donated \$11,294.50 for new beds.

PEACH (Personnel Employed by Alcoa Charity Help) was set up by Alcoa employees in 1979 to raise money for their local communities. About 1,000 employees donate to the fund through payroll deductions and volunteer to run the fund.

More than \$2 million has been donated to over 250 charity and community organisations located in or servicing those

communities in which these employees and their families live and work.

"It is through the generosity and desire of Alcoa employees to support their communities that we, at Amana Living, have been able to receive this donation," said Ray Glickman CEO Amana Living.

"The residents and staff at Wearne House are very grateful for this generous donation. The help of the local community enables us to continue to provide quality care and support to our residents living the second half of life."

## Wearne House – the ruby in the Amana Living crown

Amana Living's Wearne House residents celebrated the 40th anniversary of this Mandurah icon in May.

Residents, staff and guests dressed in red for the lunch held on the foreshore at Wearne House.

Special guest Mayor Paddi Creevey presented three long term residents with Awards of Achievement and Amana Living with a Certificate of Appreciation from the City of Mandurah for the Wearne House contribution to the community.

"We thank the Anglican community and the Wearne family for their foresight to provide a home for the aged some

40 years ago when the population of Mandurah was low," said Mayor Creevey.

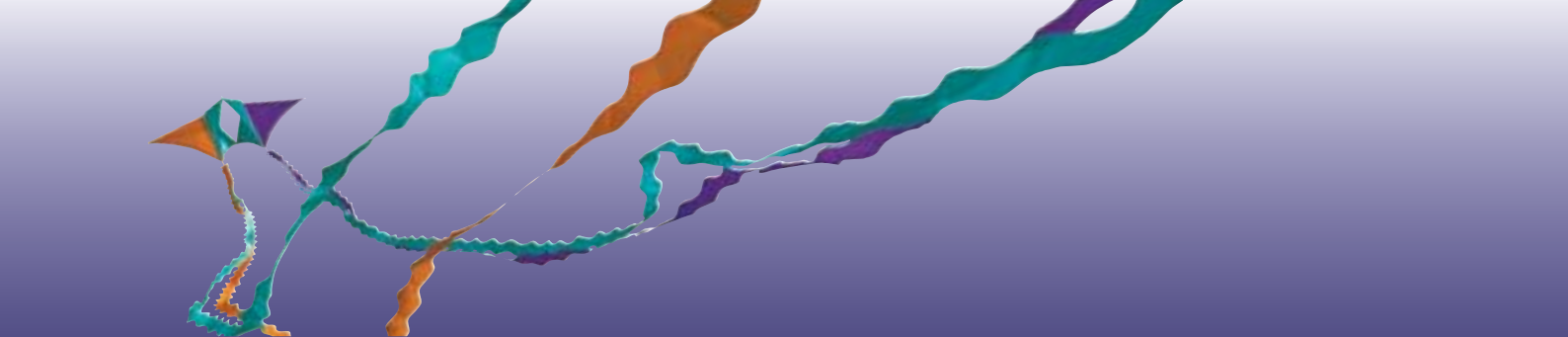
"Wearne House has always been a key part of the Mandurah community and is certainly the jewel in crown of the Amana Living service."

The day's festivities ended with some kite flying, an Amana Living tradition symbolising activity, fulfillment and freedom. Residents showed that being able to live the second of half of life is something that they treasure and love.

Congratulations and happy 40th birthday to Amana Living's Wearne House!



Mayor Paddi Creevey presents Certificate of Appreciation to Amana Living.



# How Can I Support Amana Living Residents?

There are a number of ways you can help us ensure that the life of each individual resident is enriched:

## Donations (see the donation form below)

Corporate Programs  
Payroll Deduction Program  
Sponsorships/Gifts in Kind  
Tel: 9424 6330

## Volunteering

Become an Amana Living volunteer  
Tel: 9424 6348

## Wills & Bequests

You can help provide for the important older people in our lives.  
Tel: 9424 6330

## View Amana Life "online"

Visit [www.amanaliving.com.au](http://www.amanaliving.com.au) and head to the Amana Life Newsletter under "What's On" to read our newsletter online.

# Yes, I would like to donate and make a difference!

Specific Donation (your choice of Amana Living Centres). Please specify: \_\_\_\_\_

General Donation to the Amana Living Anglican Foundation

I would like to make a donation:

\$25     \$50     \$100     \$250     \$500 or \$ \_\_\_\_\_

Regular Donation to the Amana Living Anglican Foundation to be drawn automatically from my credit card (until I choose to discontinue)

**Monthly**     **Bimonthly**     **3 monthly**     **6 monthly**     **other** (please specify): \_\_\_\_\_

Each credit card

payment of:     \$25     \$50     \$100     \$250     \$1000 or \$ \_\_\_\_\_

### Payroll Deduction

(please contact us about taking a regular donation from my salary - also applicable to non-Amana Living staff)

Please send me information about helping Amana Living through a Will or Bequest

Please include me on the Annual Report mailing list

I would prefer not to receive any further information from ALAF     Bankcard     Mastercard     Visa

Name: \_\_\_\_\_

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Address: \_\_\_\_\_

Amount: \_\_\_\_\_    Expiry Date: / \_\_\_\_\_

Email: \_\_\_\_\_    P/Code: \_\_\_\_\_

Cardholder Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Signature: \_\_\_\_\_

Profession: \_\_\_\_\_    Age: \_\_\_\_\_

Donations over \$2.00 are tax deductible

Cheques should be made payable to the Amana Living Anglican Foundation, PO Box 63, Cottesloe WA 6911